



# The Messenger

*A place for worship and Christian growth in the knowledge and love of God*

Grace to you and peace from God our Father and the Lord Jesus Christ,

One of my favorite daily devotionals is a devotional entitled, “Jesus Calling: Enjoying Peace in His Presence,” by Sarah Young. As a missionary, Sarah decided to become more attentive to our Savior’s voice and began to listen more intently to Christ throughout the day in all aspects of her life instead of only moments throughout the day when she would pray, worship, and talk about Christ with others. So with pen in hand, she embarked on a journey that forever changed her life as well as millions of others around the world. I find her words deeply inspiring, calming, and reassuring.



During the month of September, there was one particular devotional, Sept 20<sup>th</sup>, that struck a chord with my soul in which I still continue to reflect on and would like to share those spiritual words by Sarah Young with you. The devotional is from the perspective of God speaking to us.

*Try to see things more and more from My perspective. Let the light of My Presence so fully fill your mind that you view the world through Me. When little things don’t go as you had hoped, look to Me lightheartedly and say, “Oh well.” This simple discipline can protect you from being burdened with an accumulation of petty cares and frustrations. If you practice this diligently, you will make a life-changing discovery: You realize that most of the things that worry you are not important. If you shrug them off immediately and return your focus to Me, you will walk through your days with lighter steps and a joyful heart. When serious problems come your way, you will have more reserves for dealing with them. You will not have squandered your energy on petty problems. You may even reach the point where you can agree with the Apostle Paul that all your troubles are ‘light and momentary,’ compared with ‘the eternal glory’ being achieved by them.’ (Young, Sarah. Jesus Calling: Published by Thomas Nelson, Inc, 2004).*

“Oh well.” How difficult is it when something happens in our lives that we don’t anticipate or expect, like getting a flat tire on your way to work, spilling coffee on your suit, or being stuck on the bridge in traffic making you late for an event? How difficult is it for us to shake it off and continue throughout the day in peace? Or, does it remain with you? And when the next incident comes along, such as walking out the door from a long day of work and running into that co-worker who insists on telling you their entire daily log of events for 45 minutes, does it make your blood boil? Do these ‘negative’ events in life continue to stack upon one another and leave you feeling irritated and drained? Do they effect your thoughts or your interactions with others?

Of course they do. But they don’t have to. Sarah Young reminds us to look at people and events not through our eyes, but the eyes of Christ. And Christ is absolute love. Yes, you may still try to avoid that person who talks forever and gets under your skin, but if you bump into that person, we can remind ourselves who we belong to (and learn some exit strategies!) Look at them with the eyes of Jesus. Authentically smile on the inside even while knowing you would rather not be there, and simply let go of the irritation of being ‘caught’ into the conversation. You may find yourself enjoying that moment instead. When these moments happen in our lives, as Sarah reminds us, shake it off by looking to God lightheartedly, breathe, and don’t let the situation take you down the path of stress, worry, irritation or frustration.

When things start going south and irritations in our lives continue to build upon another, our lives and our relationships are negatively affected. Don’t let these circumstances overwhelm you. Before they occur, when they occur, and after they occur, place your heart and your mind solidly on Christ. Breathe, let it go; and remain joyful through Christ’s love instead of constantly carrying the burden when life throws us a curve ball.

With the love of Christ,

## AT ST. FRANCIS

At St. Francis of Assisi Episcopal Church, our Sunday mornings begin with Adult Sunday School in the Conference Room at 9:00 a.m. Worship is at 10:00 a.m. with Nursery provided. We utilize both Rite One and Rite Two Holy Eucharist, with organ and choir. Refreshments and conversation take place after the service in the Parish Hall. The Holy Eucharist is also celebrated at Noon every Wednesday.



### ST. FRANCIS ACTIVITIES

#### Free Tai Chi Classes

Every Monday and Wednesday at 9:30 through November 11<sup>th</sup> in the Atrium

#### St. Francis' Readers

Meets the 3<sup>rd</sup> Monday of each month at 1:30 p.m. in the Library.

#### Women's Bible Study

Meets at 10:00 a.m. in the Conference Room on Tuesdays.

#### Women of St. Francis (WOSF) Luncheon

Takes place the second Tuesday of each month at 11:30 a.m. All ladies are invited.

Please bring a little something to share.

#### Hospice Card Crafters

Meet the first Wednesday of each month at 10:00 a.m. in the Conference Room.  
No experience needed.

#### Monthly Parish Suppers

This month's Parish Supper is on October 21<sup>st</sup> instead of the 28<sup>th</sup>. Please bring a covered dish, vegetable, salad, bread or dessert to share. And, grab something from your pantry for the Interfaith Ministries food basket.

#### Adult Choir Rehearsal

Thursdays at 6:00 p.m. in the Choir Loft.

#### Senior Moment Café

Meets Fridays from 9:00 a.m. to 11:00 a.m. in the Great Room.

#### Prayer Shawl Ministry

Meets the second Friday of each month at 1:30 p.m. in the Great Room.

#### Adult Sunday School

Meets Sundays at 9:00 a.m. in the Conference Room.

#### Children's Sunday School

Meets at 9:45 a.m. in the Big Classroom.

*To find out about AA and other groups,  
please call the Parish Office at  
850-932-2861 weekdays, 8:30 a.m. - 5:00 p.m.*

## AT ST. FRANCIS



### FREE TAI CHI CLASSES FOR SENIORS!

Come experience a gentle way to exercise and release stress in the beautiful St. Francis atrium. Class meets every Monday and Wednesday at 9:30 a.m. through November 11<sup>th</sup>. Sponsored by the Northwest Florida Council on Aging.



The seasons of Advent and Christmas will be here before we know it. Our annual Lessons and Carols program will be Sunday, December 13<sup>th</sup>.

In preparation for this very special time of the year, we will have a preview/kickoff of our Advent/ Christmas music on Thursday, October 8<sup>th</sup> at 6:00 p.m. at the home of John and Cathy Griffing. A light supper will be provided. After supper, we will preview the music that has been selected.

If you are interested in joining the choir, this would be the perfect time. Please let me know if you have any questions or if you plan on joining us. I am always available on Sundays to speak to you or feel free to email me at [griffingc@bellsouth.net](mailto:griffingc@bellsouth.net) or phone me at 449-5380.

With a song in my heart,  
Cathy Griffing  
Organist/Choirmaster



### PARISH OFFICE CLOSED

The Parish Office will be closed October 8<sup>th</sup>, 9<sup>th</sup> and 12<sup>th</sup>. Chris Miller will be out, but Father Tim will be in the office and available for phone calls and meetings on October 8<sup>th</sup>.

# WORSHIP ASSISTANTS AND SCRIPTURE

October 2015

**October 4th**  
*Nineteenth Sunday  
after Pentecost*

**October 11th**  
*Twentieth Sunday  
after Pentecost*

**October 18th**  
*Twenty-first Sunday  
after Pentecost*

**October 25th**  
*Twenty-second Sunday  
after Pentecost*

**November 1st**  
*All Saints' Day*

## SCRIPTURE

Job  
1:1, 2:1-10  
Psalm  
26  
Hebrews  
1:1-4, 2:5-12  
Mark  
10:2-16

Job  
23:1-9, 16-17  
Psalm  
22:1-15  
Hebrews  
4:12-16  
Mark  
10:17-31

Job  
38:1-7, 34-41  
Psalm  
1-9, 25, 37b  
Hebrews  
5:1-10  
Mark  
10:35-45

Job  
42:1-6, 10-17  
Psalm  
34:1-8  
Hebrews  
7:23-28  
Mark  
10:45-52

Isaiah  
25:6-9  
Psalm  
24  
Revelation  
21:1-6a  
John  
11:32-44

Averette Culver  
Neil Merrifield

David Stratford  
John Griffing

## EUCCHARISTIC MINISTERS

Sarah McCarren  
David Stratford

Averette Culver  
John Griffing

Sarah McCarren  
Neil Merrifield

## ACOLYTES

John Griffing  
Martha McMahon  
Nancy Storey

Rachel Grimley  
Catherine Grimley  
Sarah McCarren

Matt Wood  
Averette Culver  
Janet Wood

Trey MacWhinnie  
Martha McMahon  
Tricia Briska

Herb Woll  
David Stratford  
Nancy Storey

Bob Brownlie  
Cathy Griffing

Jack Grimley  
Kim Grimley

## LECTORS / INTERCESSORS

Tricia Briska  
Susan Drinkwater

Leo Cyr  
Jane Ellis

Shelby Smith  
Ann Woll

## USHERS

Adam Clause  
Stephanie Clause

Herb Woll  
Ann Woll

Leon Mayberry  
Louise Mayberry

Chip Wood  
Janet Wood

Jim Arnold  
Diane Arnold

## OBLATIONERS

Harry Kastanakis  
Peggy Glaister

Grimley  
Family

Lonnie Lorren  
McGee Lorren

Phyllis Ham  
Michael Spencer

Ann Merrifield  
Janet Penniman

## GREETERS

Chip Wood  
Janet Wood

Jim Arnold  
Diane Arnold

Leo Cyr  
Beth Cyr

Mike Lane  
Alice Lane

Chip Wood  
Janet Wood

## NURSERY MINISTRY

Jane MacWhinnie

Jodi Kenworthy

Jackie Menzies

Jay Smith

Jodi Kenworthy

## PRAYER TEAM MINISTRY

Dorothy Moore  
Bob Weatherly

McGee Lorren  
Bob Weatherly

Dorothy Moore  
McGee Lorren

Bob Weatherly  
Dorothy Moore

David Stratford  
Bob Weatherly

## ALTAR GUILD

1<sup>st</sup> Sunday

2<sup>nd</sup> Sunday

3<sup>rd</sup> Sunday

4<sup>th</sup> Sunday

1<sup>st</sup> Sunday

## HOSPITALITY

All St. Francis  
Parishioners

Marilyn Richards &  
Sara Lee Menzer

Rosemary Spain &  
V. MacKinnon

Anna Swartz &  
Sally Weber

All St. Francis  
Parishioners

**Coffee Hour will be hosted by all St. Francis Parishioners on the first Sunday of each month.  
Please bring a breakfast/brunch item to share.**



## WORSHIP SCHEDULE October 2015

|                                     |   |
|-------------------------------------|---|
| Sunday, October 4 <sup>th</sup>     | Nineteenth Sunday After Pentecost<br>10:00 a.m. Holy Eucharist Rite One                 |
| Wednesday, October 7 <sup>th</sup>  | 12:00 p.m. Holy Eucharist Rite Two<br>Chalice: Averette Culver Lector: Leo Cyr          |
| Sunday, October 11 <sup>th</sup>    | Twentieth Sunday After Pentecost<br>10:00 a.m. Holy Eucharist Rite One                  |
| Wednesday, October 14 <sup>th</sup> | 12:00 p.m. Holy Eucharist Rite Two<br>Chalice: David Stratford Lector: Kim Grimley      |
| Sunday, October 18 <sup>th</sup>    | Twenty-first Sunday After Pentecost<br>10:00 a.m. Holy Eucharist Rite Two               |
| Wednesday, October 21 <sup>st</sup> | 12:00 p.m. Holy Eucharist Rite Two<br>Chalice: Dorothy Moore Lector: Virginia MacKinnon |
| Sunday, October 25 <sup>th</sup>    | Twenty-second Sunday After Pentecost<br>10:00 a.m. Holy Eucharist Rite Two              |
| Wednesday, October 28 <sup>th</sup> | 12:00 p.m. Holy Eucharist Rite Two<br>Chalice: John Griffing Lector: Leo Cyr            |
| Sunday, November 1 <sup>st</sup>    | All Saints' Day<br>10:00 a.m. Holy Eucharist Rite Two                                   |

[View Parish Activities by Date Online ~ Go to  
calendar.yahoo.com/stfrangb1@bellsouth.net](http://calendar.yahoo.com/stfrangb1@bellsouth.net)

## PRAYER LIST

**October Birthdays:** 10/3: Wayne Mosley, 10/4: William Davis, 10/5: Jane Ellis, 10/13: Jessica Ogden, 10/16: Aubrie Peterman, 10/18: Ann Merrifield, 10/20 Alice Caruso, 10/23 Jodi Kenwothy, Laura Smith, 10/24: Stephen Laucella, McGee Lorren, 10/26: David Macy

**October Anniversaries:** 10/10: Chip & Janet Wood, 10/21: Ron & Debbie Gilleran, 10/24: Bill & Jodi Kenworthy, 10/29: Brad & Jamieson Peterman

**Pray for the Departed:** Bob Modjeski, Zephaniah Kingsley, Marguerite Goforth, Maude Guess, Phyllis Tickle, Don Nerren

**Pray for Healing:** Mary Barnes, Nancy Birks, Wyatt Blancheri, Penny Carter, Alice Caruso, Armand Caruso, Anna Clausen, John Comstock, Frances Cotoya, Dawson family, Shirley Granholm, Kristie Kroh, Anne McCarren, Liza McKee, Eunice Osban, Lynn Parker, Kali Pritchett, Libby Prochaska, Roger Riggs, Warner Stark, Lilly Swicegood, Ruth Tait, James Vredenburg, Stephanie Wippler

## NOAH'S NURSERY



Birth-Kindergarten meets in the nursery during the church service. "Busy Bags" are in the Narthex each Sunday morning for those children attending church. The nursery is available for children ages birth to five years during the Sunday service. Please let us know if you can serve in the Nursery or Sunday School.

### October Nursery Assistants

|                          |                 |
|--------------------------|-----------------|
| October 4 <sup>th</sup>  | Jane MacWhinnie |
| October 11 <sup>th</sup> | Jodi Kenworthy  |
| October 18 <sup>th</sup> | Jackie Menzies  |
| October 25 <sup>th</sup> | Jay Smith       |
| November 1 <sup>st</sup> | Jodi Kenworthy  |



### ATTENTION PARENTS OF HIGH SCHOOL YOUTH

Upcoming events are right around the corner! In order to keep up to date, please have your name added to the Senior High (9th-12th) parent e-mail list. **Also, info coming soon related to our youth summer mission trip!** Contact Fr. Tim for questions about events and to be placed on the e-mail chain.



All Reading Camp volunteers should have already received an email from Survey Monkey requesting feedback on your experience at this year's camp. Please check your email and fill out the survey. It is short and will be very helpful in planning next year's camp. After the results are compiled we will invite everyone to meet to discuss them.



## Stewardship is ... ALL that we do, with ALL that we have, ALL the time.

Your 2016 Pledge Cards should arrive in your mail in the next few days along with a letter from your Stewardship Committee. Please take the time to read the letter and consider how your generosity might help our St. Francis Family grow. Generosity flows naturally out of our gratitude for the gift of love, family, and life itself.

### In the Saint Francis Family Stewardship is ...

- + Sharing in God's mission with a glad, generous and grateful heart.
- + Transforming lives in our community.
- + Prayerfully responding to God's call.
- + A deeply spiritual matter.
- + Something that blesses the giver more than the receiver.

Stewardship is discipleship; it is a complete reorientation of our lives toward God, who calls us through Jesus Christ.

**Stewardship is...  
Everything I do after I say, "I believe."**

God's Peace,

2016 St. Francis Stewardship Committee  
Herb, Martha, Mike, Bud

**ST. FRANCIS  
TREASURER'S REPORT  
(As of the end of August 2015)**

|                 | <u>MTD</u>         | <u>YTD</u>          |
|-----------------|--------------------|---------------------|
| Revenue         | \$ 22,084          | \$ 172,761          |
| <u>Expenses</u> | <u>(\$ 22,329)</u> | <u>(\$ 187,029)</u> |
| Net Income      | (\$ 245)           | (\$ 14,268)         |

|   |   |
|---|---|
| Pledges/Open Plate<br><u>Received YTD</u> | Pledges/Open Plate<br><u>Budgeted YTD</u> |
| \$149,874                                 | \$ 153,121                                |
| Endowment Fund<br><u>Donations YTD</u>    | Youth Ministry<br><u>YTD</u>              |
| \$ 235                                    | (\$ 194 )                                 |

We have an operating deficit of over \$14,000, and we are over \$9,500 behind budget in pledges. I know that some parishioners make a lump-sum pledge later in the year. Please consider your ability to do that in the near future. We still have reserves to draw on, and hope to make up some of the shortfall over the next few months, but the long term answer is to realize higher pledge income.

The August Financial Statements are posted on the bulletin board in the hall for you to review. I have added the prior year balance sheet for comparison. If you want a copy to take home, just ask Chris and she will make one. Or, we can email them to you! If you have questions, please ask! We want to be transparent, and user friendly! So if you have suggestions, I am happy to discuss them with you!

Finally, we have begun our Stewardship Season. I pray that you will consider increasing your support for the wonderful work the Lord is doing in and through St. Francis! Thank you!

Thank you! McGee Lorren  
Treasurer



**SUNDAY, NOVEMBER 15<sup>TH</sup>  
AFTER THE SERVICE:  
OPEN BUDGET MEETING**

**SUNDAY, NOVEMBER 22<sup>ND</sup>  
AFTER THE SERVICE:  
ANNUAL MEETING**



**ST. FRANCIS DAY  
BLESSING OF THE ANIMALS  
SATURDAY, OCTOBER 10<sup>TH</sup>  
9:00 A.M. ~ ST. CLARE'S ALTAR**

Bring your cats, dogs, reptiles and giraffes as we celebrate with a simple service and blessing of our animals. Bring your pets and make them holy! Afterwards get a picture taken with your pet.



**SPECIAL GUEST PRESENTATION  
FROM THE NON-PROFIT  
FOOD FOR THE POOR**

On Sunday, October 25<sup>th</sup>, we have the absolute honor and pleasure of welcoming Rev. Robert J. Deshaies, retired Episcopal Priest, who will speak with our congregation about Food for the Poor ministries from 9:00 a.m. to 9:45 a.m. in the Parish Hall. Rev. Deshaies has been affiliated with Food for the Poor since 1985.

Celebrating its 33<sup>rd</sup> year of operation, Food for the Poor is an interdenominational Christian relief and development organization working primarily in 17 countries. Besides meeting the needs of hunger, for example, they have built over 100,000 housing units. In 2014 alone, they helped build/rebuild 44 schools, sponsored over 3,000 orphans, and shipped over 600 tractor trailer loads of medical supplies. Food for the Poor is the largest international relief organization in the United States, over 95% of their funds goes directly towards helping those in need, and was just named the 2015 Nonprofit Organization of the Year. More information can be found on the table outside the parish office.



Do you wish to serve on the 2916 St. Francis Vestry?  
If so, you need to:

1. Be at least 16 years of age and a member of St. Francis for at least one year and
2. Be a "confirmed communicant in good standing", that is...
  - you have received communion at least three times in the past year
  - you have been confirmed or received by the Bishop into the Episcopal Church
  - your baptism is recorded in the parish registry
  - you have been faithful in corporate worship as well as being faithful in working, praying and giving for the spread of the Kingdom of God (*National Canon I.7.3; Diocesan Canon 18.4, and Diocesan Canon 19.1*).

By Monday, October 26th, 2015, please submit to the Parish Secretary your photo and a listing of how you have been an active member of the St. Francis parish, through prayer, worship and giving. In doing so, you agree to have this posted on the bulletin board, your name listed in the November "Messenger" newsletter and you agree to stand for election at the Parish Annual Meeting on November 22<sup>nd</sup>, 2015.

Vestry members are elected by a simple majority of the parishioners present at the meeting. If you are not able to attend the Parish Annual Meeting on November 22<sup>nd</sup>, you may submit an absentee vote the week prior to the meeting. If elected to the Vestry, you will serve a 3-year term. Vestry meetings take place on the 3<sup>rd</sup> Sunday of every month, following the service.

## GOING ON A FIELD TRIP!!



Join your St Francis Parish family members for a "field trip" to see and hear Professor Amy-Jill Levine on October 8<sup>th</sup>, from 7:00 p.m. - 9:00 p.m. The event is FREE and open to the public.

We'll meet in St. Francis' parking lot at 5:15 p.m. to carpool over to St. Paul's Episcopal Church in Daphne, Alabama. Please let either Fr. Tim or Sarah McCarren know if you plan to attend, and if you will drive over to Daphne, so we'll know how many are coming and how many are going to drive to Daphne.

Professor Levine is a world-renowned author, professor and New Testament scholar. On Thursday evening she will speak on:

### "Understanding Jesus Means Understanding Judaism"



## The St. Francis Forum

### ST. FRANCIS OPEN FORUM WEDNESDAY, OCTOBER 21<sup>ST</sup>

The St. Francis Open Forum will present Dr. Elise Gordon, Sports Medicine authority, who will give us a presentation on how to keep moving and stay in shape on Wednesday, October 21<sup>st</sup> in conjunction with the 6:00 p.m. October Parish Supper.

So mark your calendars and plan to come to the Parish Supper on the 21<sup>st</sup> and enjoy good food while learning about this important topic!

## ***St. Francis of Assisi Episcopal Church***

*1 St. Francis Drive — Gulf Breeze, FL 32561*

*Tel: 850-932-2861 Fax: 850-932-4333*

*Office e-mail: [stfrangb1@bellsouth.net](mailto:stfrangb1@bellsouth.net) Website: [www.stfranciscgulfbreeze.org](http://www.stfranciscgulfbreeze.org)*

*Office hours: Monday thru Friday 8:30 a.m. ~ 5:00 p.m.*

### **Your 2015 Vestry**

Ann Woll, Senior Warden  
B.J. Jimenez, Junior Warden  
McGee Lorren, Treasurer  
Leon Mayberry, Clerk  
Jim Arnold  
Jay Smith  
Nancy Storey  
David Stratford  
Sally Weber

Phyllis Ham, Assistant Treasurer

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### **St. Francis' Staff**

The Rev. Tim Backus, Rector  
Angie Dufort, Children's Sunday School Teacher  
Cathy Griffing, Organist and Choirmaster  
Bill Lucas, Sexton  
Chris Miller, Parish Secretary

*Please submit articles and photographs for the Messenger to Chris Miller at [stfrangb1@bellsouth.net](mailto:stfrangb1@bellsouth.net)*